

Elizabeth C. Trahos

Partner

GlenLake One T 919.329.3884
4140 Parklake Avenue
Suite 200
Raleigh, NC 27612

beth.trahos@nelsonmullins.com



Beth Trahos focuses her practice on commercial real estate development, land use, government regulation, and wealth transfer planning. Using her natural abilities for building consensus, she regularly represents developers, builders, property owners, and local governments in land use and municipal law matters. She frequently appears before city councils, planning commissions, and boards of adjustment representing clients seeking or opposing rezonings, special and conditional use permits, subdivisions, annexations, variances, text amendments, and code interpretations in North Carolina and Virginia.

Ms. Trahos has been involved in the solar boom in the southeast and has assisted in the land use permitting of more than 200 utility-scale solar farms representing more than a gigawatt of new energy production for the states of North Carolina, South Carolina, and Virginia.

She also helps clients through the complicated legal considerations of estate planning. Ms. Trahos works to ensure that a will or trust integrates smoothly with life insurance policies, retirement-plans, and co-tenancy assets with an eye toward minimizing transfer tax burdens.

Recognitions

The bar rules of some states require that the standards for an attorney's inclusion in certain public accolades or recognitions be provided. When such accolades or recognitions are listed, a hyperlink is provided that leads to a description of the respective selection methodology.

- [North Carolina Super Lawyers, Rising Stars, Land Use/Zoning \(2009-2012\)](#)

Education

University of Richmond T.C. Williams
School of Law, JD (1997)

Virginia Commonwealth University, MURP
(1997)

University of Richmond, BA, Political
Science (1994)

Admissions

North Carolina

Virginia

Practice Areas

[Alternative Energy](#)

[Power Generation](#)

[Real Estate](#)

Industries

[Energy & Utilities](#)

[Real Estate](#)

- [The Best Lawyers in America®](#), Land Use and Zoning Law (2009-2020)
 - [Raleigh Best Lawyers Lawyer of the Year](#), Land Use & Zoning (2014)
- Triangle Business Journal's 2006 Women In Business Award
- Triangle Business Journal's 40 Under 40 (2011)
- Triangle Commercial Real Estate Women Networking Award (2008)

Professional Activities

- North Carolina Bar Association, Land Use Section
- Wake County Bar Association
- Virginia State Bar, Real Estate Section
- Wake County Planning Board, Member (2002-2010); Chair (2006-2008); Vice-Chair (2004-2006)
- Joint Legislative Study Commission on Municipal Annexation (2009)
- North Carolina League of Municipalities, Technical Advisory Committee (2006-2008)
- North Carolina Association of Municipal Attorneys' Association, Board of Directors (2006-2008)
- Triangle Commercial Real Estate Women (1998 to present)

Articles & Speeches

Events/Speaking Engagements

- [Nelson Mullins' Steve Shparber and Beth Trahos to Present at Sustainable Energy Workshop](#) - Presenter (February 6, 2018)
- NAI Carolantic Realty - Presenter (October 2, 2014)
- "Can Development Improve Water Quality?" WakeUP After 5 - Speaker (March 13, 2014)
- Wake County Municipal Clerk's Association - Speaker (January 24, 2014)
- Triangle Business Journal's Tomorrow's Real Estate: A Town Hall Conversation - Panelist (July 28, 2011)